



## Canton Akron Safety Council

Sponsored by the BWC Division of Safety and Hygiene  
In cooperation with the North Canton Area Chamber of Commerce

### Steering Committee:

**Terry Army**

*Unified Insulation Systems, LLC*

**Deb Bailey**

*Ohio BWC*

**Jason Haws**

*AmeriSeal & Restoration*

**Timothy Keener**

*A. Schulman, Inc.*

**Karl Kussow**

*FedEx Custom Critical*

**Doug Lane**

*North Canton Area  
Chamber of Commerce*

**Jim Regueiro**

*Silmix - Ohio*

**Eric Schnabel**

*McCann Plastics, Inc.*

**Ted Weinsheimer**

*Springfield Township*

**Chief Victor Wincik**

*Springfield Township*

**Alice Stephens**

*CAK Coordinator*

### Upcoming Meeting Dates:

**May 23**

Jim Morris,  
Hear Inc. President &  
Rick Maj,  
BWC Industrial Hygienist

**June 27**

**July 25**

**August 22**

## April's Featured Program...

### CEO Event

**Speaker: Howard Eberts, Area Director,  
U.S. Department of Labor /  
OSHA Cleveland Area Office**

**Topic: What's New with OSHA**

**Date: April 25th**

**Time: 7:30 AM**

**Site: MAPS Air Museum**



Howard received a Bachelor of Science degree in Biology in 1987 from the University of Notre Dame.

He began his career with OSHA as a Compliance Officer (Industrial Hygienist) in the Columbus Area Office in 1988.

From there he went to the Chicago Regional Office and served as Assistant Regional Administrator for Cooperative and State Programs from 2001-2006. His responsibilities as Assistant Regional Administrator included overseeing Region V's (six states) Voluntary Protection Program (VPP), State and Consultation Programs, Training, Grant Programs, Emergency Preparedness and Response Program, and Compliance Assistance.

Activities, including Partnerships and Alliances:

Returning to the Columbus Area Office in 2006, Howard served as the Compliance Assistance Specialist for the office until 2010. In January, 2011, he moved to the Cleveland Area Office in the position of Area Director.

Currently he oversees the Cleveland Area Office, an OSHA enforcement office with 28 people, which includes 18 Compliance Officers and two Whistleblower Investigators. The Cleveland Area Office is one of four OSHA Area Offices in Ohio, with Toledo, Columbus, and Cincinnati, and it covers twelve counties in the north-east corner of the State.

### Be Sure to Join Us For the Awards Presentation

Members who earned a safety council recognition award certificate for calendar year 2017 will receive this special recognition at this month's meeting, April 25th.

**DEB'S  
SAFETY CORNER**



**Q:** What practices can I use when lifting heavy loads?

**A:** BWC offers a Safety Intervention Grant program to assist eligible employers purchase equipment to reduce the risk of repetitive lifting tasks. Eligible equipment includes: Lift tables, patient lifting assistance, powered dollies, and overhead ceiling lifts.

Please contact your nearest Service Office to schedule an appointment with a BWC Consultant to learn more about our grant programs or visit: <https://www.bwc.ohio.gov/employer/services/SandH/SafetyGrants.asp>

**Ergonomic Manual Handling Checklists**

**✓ Instruction and demonstration**

<i>Safe Work Instruction on Manual Handling</i>	<i>SW001</i>
<p><b>Before Lifting</b></p> <ul style="list-style-type: none"> <li>• Stop and assess the load and if too heavy seek advice</li> <li>• Consult management or safety officer for advice on how to manage heavy loads</li> <li>• Plan the lift. i.e. estimate the load and know exactly where it is to be placed prior to lifting</li> <li>• Avoid reaching out.</li> <li>• Do not reach out to pick up any object</li> <li>• Handle heavy objects close to the body</li> <li>• Keep yourself in good physical shape with proper exercise and diet</li> </ul>	
<ul style="list-style-type: none"> <li>• Avoid lifting heavy loads without help and plan the lift together</li> <li>• Can you reduce the load???</li> <li>• Wherever possible use mechanical means, e.g. can you use a Forklift, winch or crane</li> <li>• Avoid placing objects on ground if they have to be picked up at a later date</li> </ul>	

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If you attended the Ohio Safety Congress & Expo in March and are interested in receiving external training credit, please email a copy of your attendance certificate to:  
[caksafety@northcantonchamber.org](mailto:caksafety@northcantonchamber.org).  
 Thank you!

**From last month....**

The March meeting featured Mike Ressler, First Energy-The Illuminating Company, who performed a live high voltage demonstration.



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**\*\*Free\*\* BWC Classes\*\***

**Canton Office:**

*Electrical Safety Audits*

April 18-19: 8:30 AM - 4:30 PM

*Train the Trainer Techniques for Safety*

April 23-24: 8:30 AM - 4:30 PM

*Construction Safety Elements (OSHA10)*

April 25-26: 8:30 AM - 4:30 PM

*Hazardous Waste Operations and Emergency Response Refresher*

April 30: 8:30 AM - 4:30 PM

*Violence in the Workplace*

May 1: 8:30 AM - 12:00 PM

*Powered Industrial Trucks: Developing a Training Program Half-Day Workshop*

May 1: 1:00 PM - 4:30 PM

*Emergency Preparedness Planning*

May 8: 8:30 AM - 4:30 PM

**Cambridge Office:**

*Safety Series Workshop Module 3:*

*Hazard Communication & Personal Protective Equipment Basics*

April 25

*Health Hazard Awareness & Toxicology Fundamentals*

May 3

Register at: [www.bwclearingcenter.com](http://www.bwclearingcenter.com)

**NEED MORE INFORMATION?**

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